

Sefton Council 

NHS

South Sefton Clinical Commissioning Group
Southport and Formby Clinical Commissioning Group

NHS
England

healthwatch



Living Well in Sefton

(Sefton's Health & Wellbeing
Strategy 2014 – 2020)

Prepared by Sefton Business Intelligence & Performance Division
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Foreword

Welcome to the first refresh of Sefton's Health and Wellbeing Strategy.

Since becoming a formal committee of Sefton Council in April 2013, Sefton's Health and Wellbeing Board has brought together those who buy services across the NHS, public health, social care and children's services, plus Elected Councillors and service user representatives, to jointly consider local needs and plan the right services for the population of Sefton. The Board has been in operation for just over twelve months, during which time there has been a lot of change. We have not only found ourselves in a rapidly changing policy environment, with new legislation around welfare benefits, social care and health, we have, along with our partners, had to continue to make further savings in our revenue budgets. We recognise now, more than ever, that we need to work with all our partners to align and integrate how we deliver care, health and wellbeing services so that they are more cost effective, and deliver what families and communities know works best for them.

Following our '*Peer Challenge*' in 2013 we created a sub structure for the Board, which provides an opportunity for all our partners, stakeholders and organisations which have a stake in Sefton, to get together to influence and provide system leadership for change. This document, which we have called '*Living Well in Sefton*', is the next iteration of our health and wellbeing strategy. This document and the main strategy need to be read together. We published the draft Strategy in June 2014 to enable our partners, stakeholders and other organisations to collectively identify what we are aiming to do, so that we can together, maximise the Sefton £. We have worked through the Health and Wellbeing Forums and Task Groups, and this strategy is now the single overarching framework document that we will use to mobilise families, communities and all our partners to lead the changes that need to happen to improve health and wellbeing outcomes by 2020.

This document builds on the Health and Wellbeing Strategy 2013 – 2018, which we published in June 2013. We have conducted an annual review of progress and are publishing an Annual Report of achievements alongside this final version of the strategy. We have reviewed the actions we said would make a difference to people's health and wellbeing, and have ensured that this strategy contains the actions which will make a real difference, and help us together to rise to the challenges that our borough faces. We have also undertaken a review of the high level strategic needs assessment, '*What it is like to live in Sefton*', and in so doing, have continued to listen to what you have told us is important to you. These views have affirmed the priorities and objectives outlined in the Health and Wellbeing Strategy continue to be the right things for you locally.

We recognise that we cannot achieve such change alone. We have committed to share learning with others, and we will continue to take every opportunity we can to engage the public in developing future versions of this strategy. We want to ensure

that together we meet the needs of the people of Sefton, in the best way we can, despite the financial challenges that public sector organisations are facing, and the challenging demographics of our borough. We believe that if we work collaboratively with the people of Sefton we stand the best chance of people becoming more independent and even more resilient.

I want us to continue to be ambitious for ourselves, and our families, and I want to reaffirm the Board commitments to continue to listen and look forward to working with local people, communities and all our partners to deliver real long term change in Sefton. This is why our promise is important to us as it sets out not only our commitment, but also our expectations of partners and people. This is a journey we make together.



Councillor Ian Moncur
Chair of Sefton's Health and Wellbeing Board

Sefton Health and Wellbeing Board (at May 2014)

Councillor Ian Moncur, Cabinet Member for Children, Schools, Families and Leisure, Sefton Council (Chair)

Councillor Paul Cummins, Cabinet Member for Older People and Health, Sefton Council

Councillor John J. Kelly, Sefton Council

Dr. Clive Shaw, South Sefton Clinical Commissioning Group

Dr. Niall Leonard, Southport and Formby Clinical Commissioning Group

Fiona Clark, Chief Officer, Southport & Formby and South Sefton Clinical Commissioning Groups

Maureen Kelly, Chair, Sefton Healthwatch

Phil Wadeson, Local Area Finance Director, NHS England

Colin Pettigrew, Director of Children's Services

Dwayne Johnson, Director of Older People

Dr. Janet Atherton, Director of Public Health, Sefton Council

The Role of the Health and Wellbeing Board

The main statutory functions of the Health and Wellbeing Board are:-

- To assess the needs of the local population through the Joint Strategic Needs Assessment process;
- To produce a local Health and Wellbeing Strategy as the overarching framework within which commissioning plans are developed for health services, social care, public health and broader wellbeing services;
- To promote integration and partnership, including joint commissioning, integrated provision and pooled budgets, where appropriate.

In addition to the above statutory functions, the Boards role is to provide system leadership for change across care, health and wellbeing. This role requires the involvement of a wide range of leaders from not only the Council and the two Clinical Commissioning Groups Governing Bodies, but other public sector organisations such as hospitals and community based health care providers, Merseyside Police, Merseyside Fire and Rescue, Merseyside Probation Service, Schools and Colleges, Merseytravel and housing providers and of course our voluntary community and faith sector groups and organisations. These are just some of the organisations that the Board works alongside, and there are a whole range of other organisations which have a stake in Sefton, too many to list, but which are just as important within the wider system. The Board has created a sub-structure to engage as wide range of partners, stakeholders, and organisations as possible to ensure Sefton has the delivery infrastructure to achieve the best care, health and wellbeing outcomes for people in Sefton, through integrated, collaborative working.

The Adult, Early Life and Wider Determinants Forums provide opportunities for wider stakeholders, partners, and representatives to come together to look at how by listening to local people, the right services can be commissioned and delivered to achieve the outcomes outlined within this Strategy. Importantly, as resources within the public sector decrease, the role of the Forums becomes even more important, as through this sub-structure the Board engages with people in communities, to build independence, resilience and tackle loneliness and isolation together. The shift from 'dependence' to 'independence' is crucial to the work of the Board if it is to rise to the challenges presented by our demography, levels of inequality and a reducing public sector resource base.

Representatives from a wide range of organisations influence the debate at the Forums and bring their expertise, knowledge and specialism to better inform decision making – for example, understanding the positive impact being in employment can have on a person's health or how a home impacts on mental wellbeing. This way of working (a leadership collaborative) takes the Board beyond its statutory function, to that which is needed to achieve change - collective systems leadership. The

membership of the Forums, and the different partnerships that it works with and influences, have been iteratively developed through a series of stakeholder mapping exercises, and they are refreshed and adapted as collaborative relationships continue to be formed.

The overall aim of the Board in providing system leadership for change is to ensure that the broadest range of partners, stakeholders and organisations are joining together to help shape Sefton, through the care, health and wellbeing of its people.

Our aspiration for Sefton by 2020

By working together and aligning our resources, we aim by 2020 to improve the care, health and wellbeing of all Sefton residents and narrow the gap between those communities with the best and worst health and wellbeing outcomes. We will promote independence and help build personal and community resilience. We will work with parents and carers so that all children and young people have opportunities to become healthy and fulfilled adults and create a place where older people can live, work and enjoy life as valued members of the community. We will seek to improve opportunities and support residents to make choices so that people are able to live, work and spend their time in a safe and healthy environment and provide early support so that people can remain independent for longer.

What is Wellbeing?

Wellbeing is often simply defined as “feeling good and functioning well”. This includes having a fair share of material resources, influence and control; a sense of meaning, belonging and connection with people and place; and the capability to manage problems and change.

Our Vision and Promise for Sefton

The Health and Wellbeing Board have worked together with local people, communities and partners to develop a Vision for the Borough. Our vision is:

**Together we are Sefton – a great place to be!
We will work as one Sefton for the benefit of local people,
businesses and visitors**

Underpinning our Vision is the promise that in commissioning and delivering services the different partners, stakeholders and organisations in Sefton will work together to seek to improve the health and wellbeing of everyone, with the resources available

Our Promise

As commissioners and providers of services we will:

- put people at the heart of what we do
- listen, value and respect each other's views
- develop a culture of challenge, ownership, innovation and improvement
- be ambassadors for Sefton
- be responsive and efficient
- be clear about what we can and cannot do

As leaders we will:

- give direction
- be honest
- show confidence
- be bold
- be visible
- communicate
- inspire
- be accountable
- value People

We will work in partnership with the public, partners, providers, businesses, visitors to enable us all to:

- be responsible – everyone to take ownership of their lives
- respect each other
- have pride in the Borough
- get involved and have a say about the services that are delivered and the places in which we live and work
- challenge each other and question what we all do

This vision and promise sets out how we as collective agencies want to work with each other, and with our communities, to make Sefton a great place to be.

Living Well in Sefton

Sefton is an area that stretches from Southport in the North to Bootle in the South. To the east lies the town of Maghull and the west is bordered by an award winning coastline covering Crosby through to Formby and Ainsdale. There are a lot of things that make life good for people but it is not so good for others. The health and wellbeing of everyone is important to Sefton's Health and Wellbeing Board. We know....

- People enjoy living in Sefton with 80% of people living in Sefton saying that they are either very or fairly satisfied with their local area as a place to live;
- Our young people achieve well in school.;
- Crime rates are either equal to or lower than the average for our neighbouring authorities in the Liverpool City Region;
- There is a good quality coast line and green spaces which local people and visitors enjoy.

Sefton has changed since the publication of the first Health and Wellbeing Strategy in 2013. The Sefton Strategic Needs Assessment (also known as the Joint Strategic Needs Assessment) provides an overview of the health and wellbeing needs of the people in the Borough. It is telling us that we have significant demographic challenges in Sefton arising from an ageing population, who also have multiple long term conditions, compounded by the unacceptably high levels of inequality. To put this in context, whilst the overall population will remain largely unchanged (anticipated increase of around 1%) during the period 2011 to 2021, it is predicted that there will be a 16% increase in our population aged 65 and over; a 40.5% increase in the numbers of people aged 85 years and over in the same period; with those over the age of 90 expected to increase by more than 55%. The impact of these demographic changes is likely to result in increasing levels of loneliness and isolation as older people experience the bereavement of a partner or spouse and we anticipate an increase in demand for not only health and social care services, but also for housing, leisure and easier access to local facilities.

This **significant demographic shift** is compounded by substantial reductions in Council and other public sector resources. By 2014/15, council resources will have reduced by £114m and we will see further reductions of £55m over the next two years to 2016/17. In real terms Sefton Council's budget will have reduced by 43% by 31st March 2017. In Sefton, our spending on the most vulnerable adults and children currently accounts for 52% of the 2013/14 budget. If spending on vulnerable adults and children remains the same, then this would account for around 80% of the Council's budget by 2017. It is also a challenging time for local health services, as health providers continue to make year on year efficiencies, whilst the level of demand and number of people with complex health and social needs increases. This reduction in resources impacts on not only traditional health and social care services, but many other areas that support health and wellbeing, such as parks and green spaces which offer opportunities for physical exercise and mental wellbeing This

difficult financial context, and the reality of the demographic challenges we face, emphasises the need for a whole range of partners to work more closely together and integrate or align health and wellbeing services to get the best value for money and to improve the health and wellbeing for local people.

The **Care Act**, which received Royal Assent on the 14th May 2014, presents significant change to provision of health and adult social care services in the future. Whilst a number of features of the proposed legislation are subject to consultation and provision of greater detail, the breadth and complexity of the associated issues and the proposed timescales for implementation indicate that the Council, and its partners, need to carefully consider the financial and other implications, opportunities and associated risks and begin to prepare to manage these in the context of further reductions in public sector funding. Many of the anticipated changes that the Care Act heralds will have a significant impact on the community, workforce, partners, providers, suppliers, pathways, processes and technology. It is within this rapidly changing policy environment that the refresh of this Strategy has taken place, and managing the impact of the Care Act remains a priority for action.

In addition to the above challenges, the last twelve months have been very difficult for many of the people who live in Sefton due to the impact of the changes as a consequence of Welfare Reform. In response to this Partners have worked together to support families in some of our poorest neighbourhoods, including the provision of food banks and advice services.

Unemployment in Sefton has increased sharply during the recession, but decreased significantly in the last 12 months. Whilst the environment for economic growth has gradually started to turn in our favour, there are still areas of our economy that require significant improvement:

- More private sector jobs are needed to replace jobs lost in the public sector;
- Youth long-term unemployment is still too high; and
- Around one in three unemployed people have been claiming Job Seekers Allowance for more than 12 months.

Sefton and the Liverpool City Region, through the Sefton Economic Strategy, are starting to respond positively and will continue to develop strong economic linkages with its neighbouring authorities and the Liverpool City Region. Sefton's town and other centres perform an important economic role, both in terms of providing shops and employment; however the significant growth in internet shopping poses new challenges.

The Local Plan will identify land to attract new businesses to the area which will provide new employment opportunities for local people, which it is well reported improves the health and wellbeing of individuals and their families. The Port is critically important to the economy of the Liverpool City Region and provides a significant number of jobs for people in Sefton, however there is a tension for local communities arising from any expansion and the amount of traffic this may generate and any associated impacts there may be on air quality.

There are also a number of environmental factors that can affect the health and wellbeing of Sefton's population. These include:

- Affordability of domestic energy (affordable warmth), given both recent and projected increases in fuel prices and local take up of energy efficiency measures
- Affordability of energy and fuel for local businesses
- Access to trees, public green spaces and outdoor sports facilities, which have physical and mental health and wellbeing benefits (active sports, other recreation, use of play facilities, contact with nature)
- Provision of safe and accessible routes for walking and cycling, linking homes, shops, health and other facilities and workplaces
- Access to smoke-free environments, which might include playgrounds.
- Air quality (there are a number of Air Quality Management Areas in south Sefton).

Climate change in Sefton and the North West is likely to result in warmer, drier summers and milder, wetter winters; with more extreme weather, more intense rainfall and more storminess. More extreme hot summer or cold winter temperatures can cause or exacerbate health problems, including deaths, particularly in vulnerable groups such as the elderly or the very young. Heavier rainfall may increase flood risk; flooding has economic, health and other impacts on local businesses, homes and people. There are a range of Council and partner strategies and projects to help mitigate or adapt to climate change, such as the Heatwave Plan, Home Energy Conservation Act Plan, Sustainable Energy Action Plan, Local Plan and Local Transport Plan.

The RESOURCES Merseyside 2011-2041 Joint Recycling and Waste Management Strategy for Merseyside also plays an important role to address broader environmental challenges such as sustainable waste management, climate change and reducing carbon emissions whilst providing value for money services in the current financial climate. All partners have shown innovation and commitment with the introduction of new collection regimes, improved facilities and infrastructure. This hard work is clearly demonstrated in the positive way Sefton residents have made in significant increases in recycling and reduced the amounts of waste they throw away.

It is important through the Local Plan that there is a right balance and mixture of housing supply to attract young families to the borough, provide for current and projected population demographic changes and to have high standard homes to help position Sefton in the future as a vibrant borough. We have seen some significant improvements through the Housing Market Renewal Programme in the south of the borough which has provided many hundreds of new homes and offered much improved living conditions for many residents. However the borough contains over 100,000 private dwellings with the private sector housing stock in Sefton being older than the national average. Presently, 43% of owner occupied households have a head of household aged 65 years and over. The age of a home is strongly

associated with its condition and energy performance. There are 19,394 households (19.2%) that are in receipt of means tested or disability related benefits and are economically vulnerable and it is estimated that 12,352 households in Sefton (12.2%) have low incomes, high fuel costs and are in fuel poverty. It is indicated that 19,448 households in Sefton (19.2%) have at least one household member affected by a long-term illness or disability. The most common conditions relate to mobility impairment or physical disability, respiratory illness and heart/circulatory. The Local Plan will play a crucial role in supporting the delivery of affordable good quality housing for local people which will deliver improved health and wellbeing benefits.

The combination of the significant demographic pressures coupled with the increasing numbers of people and families experiencing poverty, means we now have to do things differently. It is within this context that *'Living Well in Sefton'* has been developed and the actions for delivery outlined later in this document have been defined.

Strategic Objectives and Outcomes

The Health and Wellbeing Strategy 2013 - 2018 defined six strategic objectives supported by overarching to improve the health and wellbeing for the local people of Sefton. These objectives and outcomes were developed through both understanding the needs of the population and what local people, community organisations and groups, commissioners and providers of services told us were the most important things in improving health and wellbeing outcomes.

The Health and Wellbeing Board have reviewed the strategic objectives against the latest population needs assessment and what we have been told would make a difference and this information confirms that the strategic objectives and outcomes within the Health and Wellbeing Strategy are still the right things for the Board and its partners to focus on in Sefton.

Strategic Objectives and Outcomes to be achieved by 2020

Ensure all children have a positive start in life

- Children and young people will have good physical and emotional health and wellbeing and will lead healthy lifestyles
- Children and young people will be safe
- Children and young people will be aspirational and achieving through the enjoyment of going to school and college
- Parents will have the skills, support and infrastructure to enjoy being parents
- Children and young people will have a voice, will be listened to and their views will influence service design, delivery and review

Support people early to prevent and avoid avoidable illness and reduce inequalities in health

- There will be effective prevention and early intervention with people being empowered to determine their own outcomes through the experience of quality services
- There will be improved health and wellbeing against the wider factors that lead to poor health and wellbeing
- There is education, skills and support for people to change their lifestyles and to do things for themselves
- The population is protected from incidents and other threats, including infectious diseases, accidents, excess winter deaths whilst reducing health inequalities

Support older people and those with long term conditions and disabilities to remain independent and in their own homes

- There will be system wide improvements across social care and care pathways, supported with access to information about early diagnosis and prevention
- There will be effective management of long term conditions for all adults, including mental health and dementia
- There will be outstanding end of life services
- There will be access to information about early diagnosis and prevention services
- There will be increased physical, emotional and economic wellbeing. There will be access to appropriate, high quality housing across Sefton

Promote positive mental health and wellbeing

- The infrastructure will be place so that all people can access information, preventative and treatment services
- People will be empowered, have a sense of purpose and take care of themselves and their family
- The mental health services that are commissioned will be fit for purpose
- We will have stronger communities involved in their own wellbeing and wider community's mental health services
- There will be an increase in physical and emotional health and wellbeing

Seek to address the wider social, environmental and economic issues that contribute to poor health and wellbeing

- The appropriate infrastructure is in place to improve opportunity, maintain health and wellbeing and the quality of life for all
- There will be improved access to services and information for all, including leisure facilities, parks and open spaces
- There will be opportunities to access new skills, training enterprise, employment and progression
- There is infrastructure and investment is in place to improve opportunity, maintain health and wellbeing and quality of life for all
- There will be access to high quality housing across Sefton.

Build capacity and resilience to empower and strengthen communities

- There will be stronger communities involved in and responsible for their own wellbeing and of the wider community with reduced dependency on services
- There will be improved access to services and information for all, including leisure facilities, parks and open spaces
- The value of clean, safe, healthy environments in promoting health and wellbeing will be recognised
- The health benefits of borough wide activities through parks, the coast and countryside will be valued, encouraged and promoted
- Increase the physical and emotional health and wellbeing of all residents
- There are clean safe environments and quality of place

Consultation and Engagement

During the past 12 months the Health and Wellbeing Board has carried out consultation and engagement across the borough with partners, providers, service users and members of the public, including young people, in connection with:

- Carers Strategy Consultation
- Mental Health Plan Stakeholder Consultation
- Big Chat 2 and Big Chat 3
- South Sefton and Southport and Formby Clinical Commissioning Groups/Better Care Fund public Mini-chats and Sefton Healthwatch Community Chats
- South Sefton and Southport and Formby Clinical Commissioning Groups/Better Care Fund Mini-chats with Healthwatch Steering Group, Network and Forum sessions
- Consultation as part of the Public Health Service Reviews
- Health and Wellbeing Board Stakeholder events

In addition to these, the Health and Wellbeing Board has also reviewed the results from a number of other consultations that the Council and other partners have conducted during the past twelve months, including feedback from the Aiming High Consultation, the Local Plan consultation, the Learning Disability Partnership Board's Getting Involved Group Evaluation, the Health First Conference for people with learning disabilities organised by People First, feedback from the service reviews undertaken by Public Health and some patient experience reports from Healthwatch Sefton.

The feedback received endorses the Strategic Objectives within the Health and Wellbeing Strategy confirming they are still relevant for Sefton. An analysis of the feedback shows the following headlines:

- Parents and carers of children with additional needs and young carers feel that schools play an important role, but improvements can be made in relation to communication, in particular to appointments for children with Special Educational Needs and Disabilities, and training for teachers on how to support young carers and be more understanding about school trips, ringing home from school, detentions after school, homework demands, being late to school.
- Waiting times for some services for children and young people should be improved, namely statement diagnosis for children with Special Educational Needs and Disabilities, speech and language, Child and Adolescent Mental Health Services (CAMHS) and delays in diagnosing autism
- GP's and other clinicians should routinely offer annual health checks and health passports for people with learning disabilities and introduce a system where the practice contacts the patient.

- Access to primary care, i.e. GP's could be improved with more appointments available at accessible times
- Hospitals need longer appointment times for patients with learning disabilities, more learning disability nurses in hospital and access to information
- Carers wish to be involved in care plans and have support for all life stages of caring
- Carers and young carers would like more 'me time' but need to feel reassured that whilst they are having some 'me time', the person they care for is ok.
- Further develop integrated working to help identify the gaps and ensure connectivity between different services, specialised commissioning, other specialists in the community and transport links
- In relation to End of Life, the integration between Health and Social care can be improved as can the communication between primary and secondary care
- Access to work and training, including transport is very important for people with mental health problems and disabilities however accessing work or training is difficult for parents/carers of children with Special Educational Needs and Disabilities as there are limited after school clubs
- More services to promote mental health and wellbeing and for people who have long-term conditions should be offered in the community where possible, rather than clinical settings
- Having the right information and promotion about what is available in the community is important so that people can access services and community groups and be better able to manage their own conditions
- Consultation and conversations with service users and non-service users should continue to take place and build in meaningful co-production and co-design of services

The Big Chat consultation events have also given the Health and Wellbeing Board an opportunity to feedback to attendees how the Health and Wellbeing Board and Clinical Commissioning Groups are working together to improve the Health and Wellbeing of Sefton residents and to demonstrate how individual previous contributions to consultations have helped to influence and shape local plans and delivery.

The above feedback feels very health focused, and therefore our aim in 2014/15 and beyond, is to ensure that we are using our collective organisational feedback, to continue to ensure we are focusing, as a Board, on the right things.

Health and Wellbeing Board Delivery Plan

Over the coming 12 months we believe undertaking the following actions will help to provide the foundations from which we can continue to achieve improved outcomes in the care, health and wellbeing of the residents of Sefton:

Publish Southport & Formby and South Sefton Clinical Commissioning Groups' Five Year Strategic Plan by September 2014

Develop and publish the Council's Corporate Plan by October 2014

Publish the next formal Health and Wellbeing Strategy by October 2014 and recommend it to the Cabinet and Council and South Sefton and Southport and Formby CCG Governing Bodies for approval

Publish an Annual Report of Achievement by October 2014

Further refine and publish a Performance Outcomes Framework and Performance Dashboard for this Strategy by October 2014

Develop a one year Integration Plan by November 2014 to deliver integrated care, health and wellbeing in Sefton

By November 2014

publish strategies and plans to aid carers, dementia sufferers, older citizens, children and young people, suicide prevention, mental health, and end of life care which align with the strategic objectives for Health and Wellbeing

Carry out an older person's housing study by November 2014

Carry out consultation on the Publication of the draft Local Plan by December 2014

Publish a refreshed Sefton Strategic Needs Assessment during 2014

Work with communities, to understand their priorities better and use this to inform our plans during 2014/15

Submit the Local Plan for Public Examination by March 2015

Develop a 5 to 10 Year Plan which will lead to person centred, integrated care, health and wellbeing by April 2015

Work through the Board Sub-Structure and with wider partnerships to maximise the Sefton £

Engage with the Sefton Public during 2014/15, through a variety of means, to ensure that people's views continue to inform commissioning, delivery and planning and that the Integration Plan for Sefton focuses on building independence and community resilience

Implementing the Delivery Plan

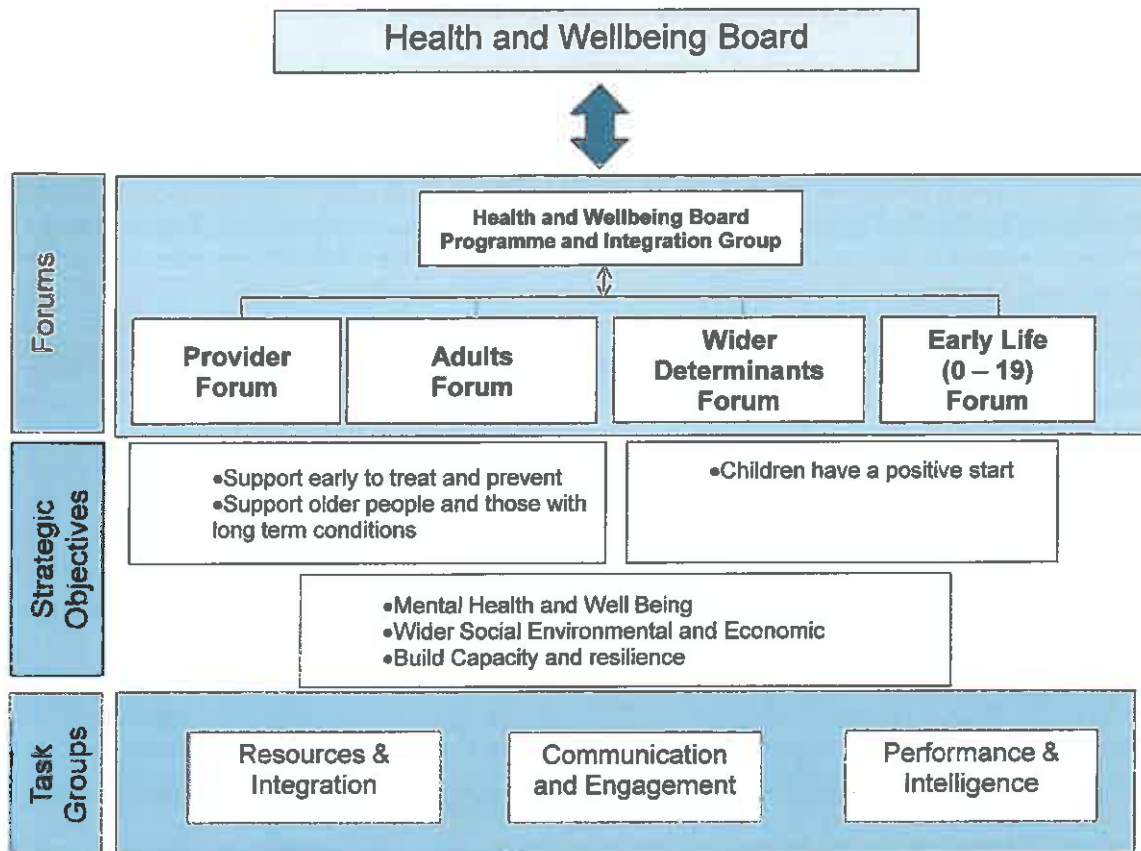
In the summer of 2013 the Board invited the Local Government Association to undertake a *'Peer Challenge'* of the Board and the way it was working, to enable the Board to reflect on the approach being taken locally, and to assist the Board to put the right things in place to bring together leadership across the whole care, health and wellbeing economy, including communities themselves, in order to achieve better health and wellbeing outcomes for local people. The peer challenge team found that the Board had demonstrated a strong commitment to improving health and wellbeing for, and with, its residents and there was good and widespread understanding of the health and wellbeing challenges ahead. Whilst strong relationships and partnerships have developed over time, the Board having listened to the feedback from the *'Peer Challenge'*, recognised it needed to review and simplify its partnership structures, to enable it to focus on priority outcomes, develop plans to move towards further integration across the health and wellbeing economy and continue to listen to what local people say improves their health and wellbeing.

The Board's approach is not about structural change; it is about better co-ordination, alignment and integration so that the right people work in the right way together, to help keep people well, independent, and manage their own health, care and wellbeing. The Board is ambitious, but realistic, in stating this goal and its primary focus in the period 2014/15 – 2017/18 will be to integrate and align the commissioning of health and social care to deliver this, and provide systems leadership, by working with a wide range of partners, communities, stakeholders and people, to collectively address or seek to mitigate the challenges faced by people in Sefton

The Board recognises that these ambitions will require investment in developing the workforce across all agencies and it will work with regional and national bodies and providers of training, education and skills to deliver on this change. It will also encourage an innovative use of the voluntary sector to support the achievement of improved outcomes in a targeted and scaled way.

The Health and Wellbeing Board has reviewed and simplified its partnership structure and agreed a delivery mechanism through 3 Forums: *Early Life (0 -19 years)*, *Wider Determinants* and *Adults*, to drive forward with pace implementation of the actions outlined in the Health and Wellbeing Strategy 2013 – 2018, and the high level actions within this addendum. In addition to this, the Board has recently introduced a *Provider Forum* to develop an approach to working closer with Health Providers, including acute, mental health and community services to deliver on the strategic objectives and outcomes within this document. The Board also intends, through the development of this Forum, to work with wider housing, social care, and other providers, to support effective system integration and change, to improve outcomes, together.

The sub structure will focus on delivering a range of activities to improve the health and wellbeing of local people in Sefton. This sub structure includes:



Health and Wellbeing Board Sub Structure

This will be supported by valuing the investment that individuals, communities and families make within their own communities and for their own health and wellbeing. In order to achieve this the Board will adopt a rigorous approach to understanding the needs of our local people, undertake community capacity building to develop and deliver community led programmes, supported by a refocusing of both health and wider Council interventions.

We will aim to have a single strategic framework in place by the Autumn, which our partners and people signed up, so that collectively everyone who has a stake in Sefton knows how to align to improve outcomes, together.

Performance Outcomes Framework

In order to assess the impact of the strategy and achievement of our outcomes and priorities, a performance framework for the strategy is being developed. The impact of the Health and Wellbeing Strategy will be monitored by the Forums and reported to the Health and Wellbeing Board on a regular basis.

The performance framework will comprise the following elements:

High level performance and accountability dashboard	Key statistical data monitored regularly by the Health and Wellbeing Board
Exception reporting	Statistical data which is escalated by the Forums to the Health and Wellbeing Board requiring review/action
Health and Wellbeing Forum updates	Updates from the Forums and Task Groups at every Health and Wellbeing Board and Programme and Integration Group meeting to update the Board on delivering the actions
Themed discussions	Linked to dashboard and exception reporting to pick up areas for improvement
Self assessment	A self evaluation by the health and wellbeing board to improve and enhance performance and share learning

High level performance and accountability dashboard

A high level performance and accountability dashboard is being developed to measure the impact of the Health and Wellbeing Strategy. The dashboard will include performance indicators from the following national outcomes frameworks: Public Health, Adult Social Care and the NHS/Clinical Commissioning Group. The dashboard will also include key measures relating to children, young people and families key wider determinants indicators relating to housing, the economy and income. Work is currently underway to determine the latest results, targets, the frequency of data collection and the source.

The Board is also keen to include qualitative measures within the dashboard and will work with Healthwatch Sefton to identify measures for inclusion.

Exception Reporting

An 'exception report' will be presented to the Health and Wellbeing Board when it has been identified that the stated improvement goals are not being achieved and issues therefore require further investigation and action.

Health and Wellbeing Forum Updates

The Early Life (0-19), Wider Determinants, Adult and Provider Forums and the Task Groups will regularly update the Programme and Integration Group on their development, progress in delivering aspects of the Health and Wellbeing Strategy, topics they are working on and any issues they wish to escalate to the Health and Wellbeing Board. A collective report will be presented to the Health and Wellbeing Board to bring together progress on delivery from across the Forums and Task Groups.

Themed discussions

To facilitate the Health and Wellbeing Board to continue to ensure the Health and Wellbeing Strategy remains live, and address significant or complex issues, themed discussions will take place to engender a collaborative approach to shared leadership and problem solving. These discussions may, as appropriate, be facilitated by a partner or external speaker, with expertise in the chosen topic.

Self assessment

The final element of the Performance framework is a self assessment, which will provide challenge against a set of challenging questions on key area e.g. delivery of the strategy, governance, patient and public engagement.

Supporting Documents

Sefton Strategic Needs Assessment – High Level Summary

Draft Local Plan

Local Economic Assessment

Southport & Formby CCG Strategic Plan

South Sefton CCG Strategic Plan

Better Care Fund Plan

